

SRI SARADA COLLEGE FOR WOMEN

(An Autonomous Institution)

Institution recognised u/s 2(f) & 12(B) of UGC & Reaccredited with “A” grade by NAAC

(Affiliated to Manonmaniam Sundaranar University, Tirunelveli - 627012)

(A branch of Sri Ramakrishna Tapovanam, Tirupparaithurai)

Ariyakulam, Maharajanagar (PO), TIRUNELVELI – 627011, Tamilnadu-India

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(Established in 1986)



ANTI DRUG REPORT

Odd Semester and Even Semester

2025 – 2026

Chronological Events / Programmes Conducted

S. No	Date	Events	Chairperson	Beneficiaries	Page. No
1	13.06.25	Importance of Drug Awareness	Prof. (Major) P. Chandrasekaran	60	1
2	26.06.25	Anti Drug Pledge	Dr. V. Sangeetha	150	2
3	04.07.25	Awareness on Drug Abuse and its Prevention	Prof. Sowjanya Dharmasankar	40	3
4	16.07.25	Students Declaration for a Drug Free Life	Dr. M. Lalitha	235	4
5	11.08.25	Surprise Anti-Drug Monitoring Visit	Dr. Milka Vijayan	110	5
6	13.09.25	Say “No” to Tobacco Say “Yes” to Life	Dr. M. Lalitha	35	6
7	10.10.25	Awareness Today for a Drug Free Tomorrow	Prof. (Major) P. Chandrasekaran	683	7
8	27.10.25	Choose Life, Not Drugs – Pledge to Stay Clean	Dr. V. Sangeetha	711	8
9	15.12.25	Drug Abuse and Its Impact on Life	Dr. V. Sangeetha	32	9
10	26.12.25	Drug Awareness Campaign for Healthy Living	Dr. S. Padma Priya	60	10
11	31.12.25	Unexpected Visit Powerful Stand against Drugs	Dr. V. Sangeetha	233	11
12	19.01.26	Drug Abuse Prevention Initiative	Prof. (Major) P. Chandrasekaran	83	12
13	23.01.26	Understanding the Dangers of Drug Abuse	Prof. (Major) P. Chandrasekaran	78	13
14	29.01.26	Surprise Anti – drug Drive: A Step toward a Safer Society	Dr. Milka Vijayan	735	14
15	02.02.26	Program for Promoting a Drug Free Lifestyle	Prof. (Major) P. Chandrasekaran	75	15
16	03.02.26	Youth Drug Awareness and Prevention Program	Prof. (Major) P. Chandrasekaran	93	16

S. No	Date	Events	Chairperson	Beneficiaries	Page. No
17	07.02.26	Awareness Drive on Drug Addiction	Dr. N. Kamala	335	17
18	11.02.26	Drug Free Living Awareness Program	Prof. (Major) P. Chandrasekaran	35	18
19	10.03.26	Anti-Drug Awareness Programme	Dr. M. Lalitha	775	19
20	14.03.26	Anti-Drug Awareness Skit	Dr. M. Lalitha	775	20
21	24.03.26	Anti-Drug Awareness Programme	Dr. S. Arumugu Selvi	740	21
22	26.03.26	Surprise Visit on Drug Abuse Prevention	Dr. V. Sangeetha	110	22

Importance of Drug Awareness – 13.06.2025



Theme: “Awareness is the Key to Prevention”

The Anti-Drug Consortium organized a special awareness programme on “Importance of Drug Awareness” on 13th June 2025 with the aim of educating students about the harmful effects of drug abuse and the significance of building a drug-free society. The session began with an universal prayer *Ohm Sahanavavathu*, Dr. M. Lalitha, Coordinator of Anti-Drug Consortium and Assistant Professor of English welcomed the audience and emphasized the importance of sensitizing youth on the growing menace of drug addiction. The resource person Prof. (Major) P. Chandrasekaran, Former Principal, MS University Constituent Model college, Nagalapuram addressed the students and highlighted how drug abuse affects individuals, families, and communities. The guest stressed the role of education, self-discipline, and strong values in preventing substance misuse among young people. 66 students have actively participated in the programme. The interactive session included discussions, short videos, and case study examples demonstrating the physical, emotional, and social consequences of drug use. The programme concluded with a pledge administered by Dr V.Sangeetha, taken by all participants to stay away from drugs and to spread awareness among their peers and communities. The event proved to be informative, inspiring, and impactful in shaping the mindset of students towards building a drug-free future. Training and Development Dean Dr. V. Sangeetha, Joint Coordinator of Anti-Drug Consortium and Assistant Professor of Commerce proposed the vote of thanks. The programme concluded with *shanthi* prayer.

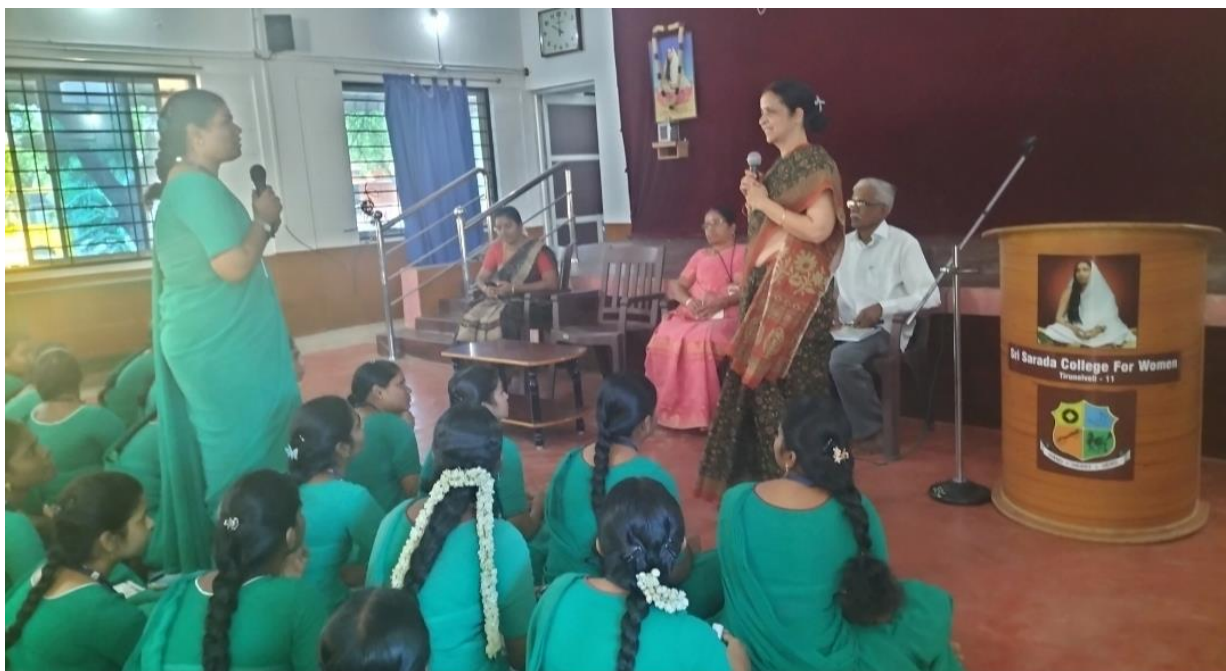
Anti-Drug Pledge 26.06.2025



Theme: One Pledge, One Purpose – A Drug-Free World

Anti-Drug Consortium, Sri Sarada College for Women (Autonomous), Tirunelveli, organized an Anti-Drug Pledge Declaration programme on 26th July 2025 with the theme “Say No to Drugs – Live Life, Stay Healthy.” The event aimed to create awareness among students about the harmful effects of drug addiction and to encourage them to lead a responsible and drug-free life. The programme began with *Ohm Sahanabhavathu*, followed by the welcome address delivered by Dr. N. Kamala, Principal. The Chief Guest, Dr. V. Sangeetha, Joint Coordinator of Anti-Drug Consortium and Assistant Professor of Commerce addressed the participants and highlighted the growing concern of substance abuse among youth. She explained how drug addiction negatively impacts physical health, mental stability, and social relationships. In her motivating speech, she emphasized the importance of self-control, emotional strength, and social responsibility in preventing drug misuse. She urged students to stay away from harmful habits, choose positive peer groups, and spread awareness in their families and communities. After her address, all participants took the Anti-Drug Pledge, solemnly declaring their commitment to remain free from drugs and to promote a healthy lifestyle. The pledge reflected the students’ determination to be ambassadors of change and to contribute towards building a drug-free society. The programme concluded with a vote of thanks proposed by Dr. M. Lalitha, Coordinator of Anti-Drug Consortium and Assistant Professor of English, The event proved to be highly meaningful and impactful, reinforcing the values of self-discipline, health, and social awareness among students.

Awareness on Drug Abuse and Its Prevention – 04.07.2025



Theme: Drug – “Free Campus, Safe Future”

An awareness programme for leaders on “Drug Abuse and its Prevention” organized on 04th July 2025 to educate and aware the students about the harmful effects of drug addiction and the importance of leading a healthy, drug-free life. The session aimed to create awareness among youth about the physical, mental, and social consequences of drug abuse. The Resource Person Prof. Sowjanya Dharmasankar, Professor of Economics highlighted the preventive measures and encouraged the student leaders to act as ambassadors of a drug-free society. The programme motivated all participant leaders and coordinators to take a pledge to stay away from drugs and spread awareness among their peers. The event concluded with a message emphasizing that “A healthy mind and body lead to a bright future Say No to Drugs”.

Students Declaration for a Drug Free Life – 16.07.2025

Under the direction of No. 101/2022/2023
The Principal, Institute of Governance, Higher Education, Sri Sarada College

SRI SARADA COLLEGE FOR WOMEN (AUTONOMOUS)
(Affiliated to Mahatma Education Institutions, Coimbatore, Tirunelveli - 627012)
TIRUNELVELI - 627011

ANTI-DRUG DECLARATION FORM
(To be signed by the student at home)

I, _____ (Name)
Daughter/ward of Mr./Mrs. Ms. _____ (Name)
Address (complete with PIN) _____

Contact Mobile Number: _____
Admitted to Degree Programme _____ in the Academic Year: _____
2024 - 2025 in Sri Sarada College for Women (Autonomous), Tirunelveli - 627011, hereby agree to the following terms:

1. I am aware that the possession, use, sale and distribution of alcohol/tobacco any psychoactive substances are wrong and harmful.
2. I shall refrain from using, being under the influence of, possessing, furnishing, distributing, selling or supplying to and/or possessing, or being in the cause of sale or distribution of alcohol/tobacco any psychoactive substances within the premises of the institute or during any sponsored activities by the institute.
3. I shall report to the authorities of the institution any irregular behavior that I observe in relation to the possession, use, sale and distribution of alcohol/tobacco any psychoactive substances which may have occurred at the institution or during any activities conducted by any student or institution.
4. I shall support and actively participate in any substance use prevention education programmes which may be organized by the autonomous government which would enable ~~quarantine~~ student and citizens of India.
5. I shall co-operate with the authorities of the institution and other relevant authorities in their investigations of any substance-related incidents of which I may have information, and to prevent the possession, use, sale and distribution of any psychoactive substances in or around my institution.
6. I am aware that the defaulters will be dismissed from the institution and will be given transfer certificate and will not be permitted to continue in this institution.

Signature of the Student	Date	Name in Caps
Signature of the Parent	Date	Name in Caps
Signature of the Class Teacher	Date	Name in Caps
Signature of the HOD	Date	Name in Caps
Principal	_____	Anti-Drug Co-ordinator

Theme: “Healthy Youth, Drug-Free Campus”

Sri Sarada College for Women (Autonomous), Tirunelveli, organized a Drug-Free Campus Declaration Form Programme on 16.07.2025 under the theme of “Healthy Youth, Drug-Free Campus.” The objective of the programme was to promote awareness about the ill effects of drug abuse and to encourage students to actively participate in maintaining a safe and healthy academic environment. Dr. V. Sangeetha, Joint Coordinator of Anti Drug Consortium and Assistant Professor of Commerce addressed the participants and highlighted the alarming rise in substance abuse among youth and its negative impact on education, health, and society. She motivated the students to uphold moral values, self-control, self realisation, and a sense of social responsibility to ensure a drug-free lifestyle. During the event, the Drug-Free Campus Declaration Forms were distributed to all students. Each participant solemnly signed the form, affirming their personal commitment to stay away from drugs and to contribute to maintaining a drug-free campus. The declaration served as a symbolic gesture of the students’ awareness and responsibility toward creating a safe learning environment. The event also featured a short awareness video presentation and a group pledge-taking ceremony, reinforcing the message of “Say No to Drugs - Yes to Life.” Students expressed their determination to spread awareness among peers and the community. The event was a great success in instilling awareness, commitment, and a collective sense of responsibility among the college community.

Surprise Anti-Drug Monitoring Visit – 11.08.2025



Theme: One Life, One Chance – Keep it Drug - Free

As part of the institution's continuous efforts to maintain a drug-free campus, a surprise anti-drug monitoring visit was conducted on 11.08.2025. The visit aimed to observe the campus environment, interact with students, and ensure strict adherence to the anti-drug policy. The monitoring team, comprising faculty members and student representatives, made unannounced visits to classrooms, hostel premises, and common rooms. They interacted with students to assess their awareness about the ill effects of drug abuse and to reinforce the importance of living a healthy, substance-free life. During the inspection, no signs of drug-related activities or suspicious behavior or substances were observed. The students showed positive attitudes and actively participated in discussions regarding the prevention of drug abuse. The team appreciated the students' commitment and emphasized that maintaining a drug-free environment is a shared responsibility. The visit concluded with a strong reminder that prevention is always better than cure, and every student must act as a vigilant ambassador to promote the message "Say No to Drugs, Yes to Life."

Say 'No' to Tobacco, Say 'Yes' to Life – 13.09.2025



Theme: “Choose Health, Not Tobacco”

On 13th September 2025, students participated in a Tobacco - Free Awareness Activity by writing inspiring messages and slogans in front of the college road. The theme of the event was “Say ‘No’ to Tobacco, Say ‘Yes’ to Life.” Students displayed their creativity through meaningful messages and quotes promoting a healthy, tobacco-free lifestyle. The activity attracted the attention of passersby and created public awareness about the harmful effects of tobacco. The programme successfully motivated both students and the community to take a pledge towards building a tobacco-free environment. The session highlighted the importance of leading a healthy and tobacco-free life. Students actively participated and took a pledge to avoid tobacco in all forms. The event created awareness and motivated everyone to make positive lifestyle choices for a better future.

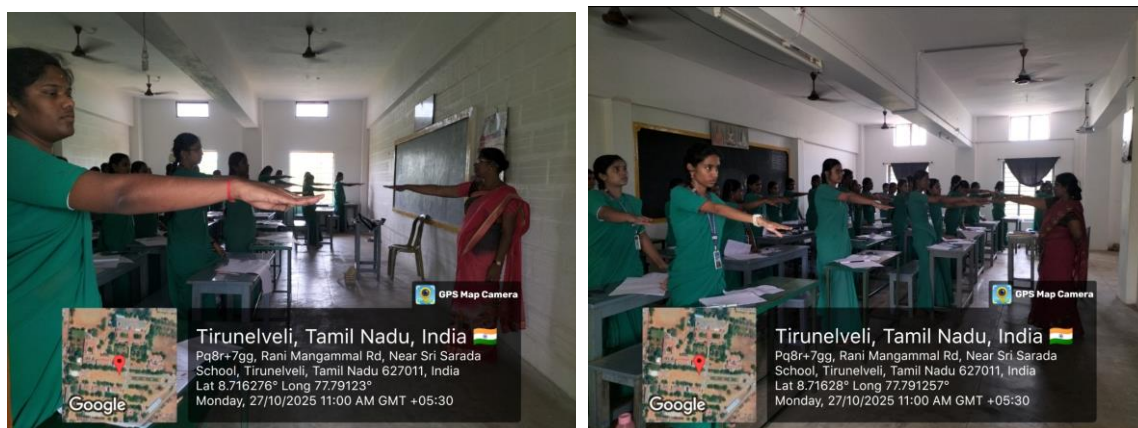
Awareness ‘Today’ for a Drug Free ‘Tomorrow’ - 10.10.2025



Theme: One Life, One Chance – Stay Drug Free

An awareness programme titled “Awareness Today for a Drug-Free Tomorrow” was organized on 10.10.2025 to educate and aware students about the harmful effects of drug abuse and the importance of leading a healthy, drug-free life. The session emphasized that awareness is the first step toward prevention. Students actively participated in discussions, poster displays, and pledge-taking activities, showing their commitment to stay away from drugs. The event successfully created a sense of responsibility among students to spread the message of a drug-free society and to make positive choices for a better future.

Choose Life, Not Drugs – Pledge to Stay Clean – 27.10.2025



Theme: Healthy Youth, Tobacco – Free Nation

An awareness programme on “Choose Life, Not Drugs – Pledge to Stay Clean” was organized on 27th October 2025 to educate students about the harmful effects of drug abuse. The event aimed to motivate students to lead a healthy, disciplined, and drug-free life. All participants took an Anti-Drug Pledge, promising to stay away from drugs and to spread awareness among their peers. The programme emphasized the importance of making positive life choices and building a drug-free campus environment. The event concluded with a strong message that a clean mind and healthy lifestyle lead to true success and happiness.

Drug Abuse and Its Impact on Life – 15.12.2025



Theme: Say no to drugs today, Choose a brighter tomorrow

On 15th December 2025, our institution organized an awareness programme on Drug Abuse and Its Impact on Life to educate students about the harmful effects of drug addiction and promote a healthy lifestyle. The programme, organized by Dr. V. Sangeetha, began with a welcome address emphasizing the importance of awareness among youth. Chief Guest Prof. (Major) P. Chandrasekaran delivered an insightful speech highlighting how drug abuse affects individuals, families, and society. He explained the long-term health risks and encouraged students to develop discipline, self-confidence, and strong willpower. Students were advised to avoid negative influences and engage in positive activities such as sports and skill development. Nearly 32 students actively participated in the programme. An interactive session followed, and the programme concluded with a vote of thanks. Overall, the event was informative and inspired students to lead a healthy, drug-free life.

Drug Awareness Campaign for Healthy Living – 26.12.2025



Theme: Healthy Life - No Drugs!

On 26th December 2025, our institution organized a Drug Awareness Campaign for Healthy Living to educate students about the harmful effects of drug abuse and promote a healthy lifestyle. The programme began with an introductory address highlighting the importance of drug-free living and its impact on physical health, mental well-being, and academic performance. The event was graced by the Chief Guest, Dr. S. Padma Priya, who emphasized the dangers of drug addiction and encouraged students to develop healthy habits such as regular exercise, balanced diet, and positive thinking. Students were motivated to avoid harmful substances and make responsible decisions. Nearly 60 students actively participated in the programme. The programme concluded successfully, inspiring students to spread awareness and lead a healthy, disciplined, and drug-free life.

Unexpected Visit Powerful Stand against Drugs – 31.12.2025



Theme: Drug - Free Campus

On 31st December 2025, our institution conducted an awareness programme titled "Unexpected Visit – Powerful Stand Against Drugs" organized by Dr. V. Sangeetha to create awareness about the harmful effects of drug abuse. The programme was conducted through an unexpected classroom visit, making it unique and impactful. Students were informed about the negative effects of drugs on health, academics, and future careers. They were encouraged to develop positive habits, focus on studies, and avoid harmful influences. The session was interactive, and students pledged to stay drug-free. The programme concluded successfully, inspiring students to lead a healthy and responsible life.

Drug Abuse Prevention Initiative – 19.01.2026



Theme: Drugs destroy your dreams, Stay strong and keep life clean.

A Drug Abuse Prevention Initiative was organized on 19 January 2026 to create awareness among students about the harmful effects of drug abuse and to promote a healthy lifestyle. The programme was graced by Chief Guest Prof. (Major) P. Chandrasekaran, who delivered an insightful address on the dangers of drug addiction and its impact on individuals, families, and society. He emphasized discipline, self-control, and positive lifestyle choices, encouraging students to focus on education, sports, and personal development. He also highlighted the importance of peer support and community involvement in preventing drug abuse. Students were motivated to take a pledge to stay drug-free and spread awareness. Nearly 83 students actively participated in the programme. The programme concluded with a vote of thanks, and the initiative successfully inspired students to lead a healthy and responsible life.

Understanding the Dangers of Drug Abuse – 23.01.2026



Theme: Drug-free mind, Success you'll find!

On 23.01.2026, our institution conducted an awareness programme titled “Understanding the Dangers of Drug Abuse.” The programme featured Chief Guest Prof. (Major) P. Chandrasekaran. The awareness session was conducted through an unexpected classroom visit, making the initiative unique and impactful. Prof. (Major) P. Chandrasekaran interacted directly with the students and highlighted the importance of staying away from drugs. He explained how drug abuse affects physical health, mental well-being, academic performance, and future career opportunities. During the session, the Chief Guest emphasized the serious consequences of drug addiction and the importance of making responsible life choices. He encouraged students to develop positive habits, focus on their studies, and participate in constructive activities such as sports and skill development. He also stressed the role of self-discipline, strong values, and healthy friendships in preventing drug abuse. Students actively participated in the interactive session and shared their views on maintaining a drug-free lifestyle. The unexpected visit created awareness and motivated students to take a strong stand against drugs. Nearly 75 students actively participated in the programme. The programme concluded with students taking a pledge to stay away from drugs and promote a drug-free environment on campus and in their community. Overall, the programme was successful in spreading awareness and inspiring students to lead a healthy, disciplined, and drug-free life.

Surprise Anti – drug Drive: A Step toward a Safer Society – 29.01.2026



Theme: No Drugs, No Fear

On 29th January 2026, our institution organized a Surprise Anti-Drug Drive: A Step toward a Safer Society under the guidance of Dr. Milka Vijayan. The objective of the programme was to create awareness among students about the harmful effects of drug abuse and encourage them to build a safe and healthy society. The drive was conducted through surprise classroom visits, making the initiative engaging and effective. Dr. Milka Vijayan interacted with students and explained how drug abuse affects physical health, mental well-being, academic performance, and future careers. She encouraged students to develop positive habits, focus on academic goals, and participate in constructive activities such as sports and skill development. Students actively participated in the session and were motivated to stay away from drugs and spread awareness among their peers and community. The programme concluded with a pledge to promote a drug-free campus and society.

Program for Promoting a Drug Free Lifestyle – 02.02.2026



Theme: Don't delay, Stay drug-free today!

On 2nd February 2026, our institution organized a Program for Promoting a Drug-Free Lifestyle to create awareness among students about the harmful effects of drug abuse and encourage a healthy, disciplined life. The Chief Guest, Prof. (Major) P. Chandrasekaran, delivered an insightful address highlighting the impact of drug abuse on individuals, families, society, and national development. He emphasized the consequences of addiction, including poor academic performance, health issues, and social problems, and encouraged students to adopt positive habits such as exercise, meditation, and participation in extracurricular activities. He also stressed self-discipline, moral values, and choosing good friendships. Around 75 students actively participated in discussions and shared their views. The program concluded with a pledge-taking ceremony, where students promised to stay away from drugs and promote a drug-free campus and community.

Youth Drug Awareness and Prevention Program – 03.02.2026



Theme: Be smart, don't start, Drugs break your heart.

On 3rd February 2026, our institution organized a Youth Drug Awareness and Prevention Program to educate students about the harmful effects of drug abuse and to encourage them to lead a healthy and drug-free lifestyle. The program began with an introductory address highlighting the importance of creating awareness among youth about drug abuse and its serious consequences. The Chief Guest, Prof. P. Chandrasekaran, delivered an insightful and motivating speech. He emphasized that drug addiction affects physical health, mental well-being, academic performance, and future career opportunities. He also highlighted that prevention is the best solution and encouraged students to make responsible choices. Students actively participated in the interactive session and shared their views on maintaining a drug-free lifestyle. The program also included a pledge-taking ceremony where students promised to stay away from drugs and promote awareness among their peers and community. Nearly 93 students actively participated in the programme. The program concluded with a vote of thanks, expressing gratitude to the Chief Guest for sparing his valuable time and delivering an inspiring message. Overall, the program was informative and successful in creating awareness among youth and promoting a healthy, drug-free lifestyle.

Awareness Drive on Drug Addiction – 07.02.2026



Theme: Choose health over drugs, Fill your life with happiness.

On 7th February 2026, our institution organized an Awareness Drive on Drug Addiction under the guidance of Dr. N. Kamala, Principal, to educate students about the harmful effects of drug abuse and promote a healthy, drug-free lifestyle. In her address, Dr. N. Kamala highlighted the negative impact of drug abuse on physical and mental health, academic performance, and future career opportunities, and emphasized the importance of awareness and prevention. Students were encouraged to adopt positive habits, maintain self-discipline, and choose good friendships. Nearly 335 students actively participated in the programme and shared their views. The event concluded with a pledge-taking ceremony and vote of thanks. Overall, the programme was informative and successful in promoting a drug-free lifestyle.

Drug Free Living Awareness Program – 11.02.2026



Theme: Drugs bring sorrow and pain, Stay away and happiness gain.

The programme began with a welcome address highlighting the growing concern of drug abuse among youth and the need for preventive education. The presence of Chief Guest Dr. V. Sangeetha added value to the event. In her keynote address, she explained the harmful effects of drugs on physical and mental health, academic performance, and relationships. She encouraged students to adopt positive habits, avoid negative influences, and seek guidance from parents and teachers when needed. The session included information on commonly abused substances, warning signs of addiction, and prevention strategies. Students actively participated and took a pledge to stay drug-free and spread awareness. Nearly 35 students actively participated in the programme. The programme concluded with a vote of thanks and successfully motivated participants to contribute toward building a healthy and drug-free society.

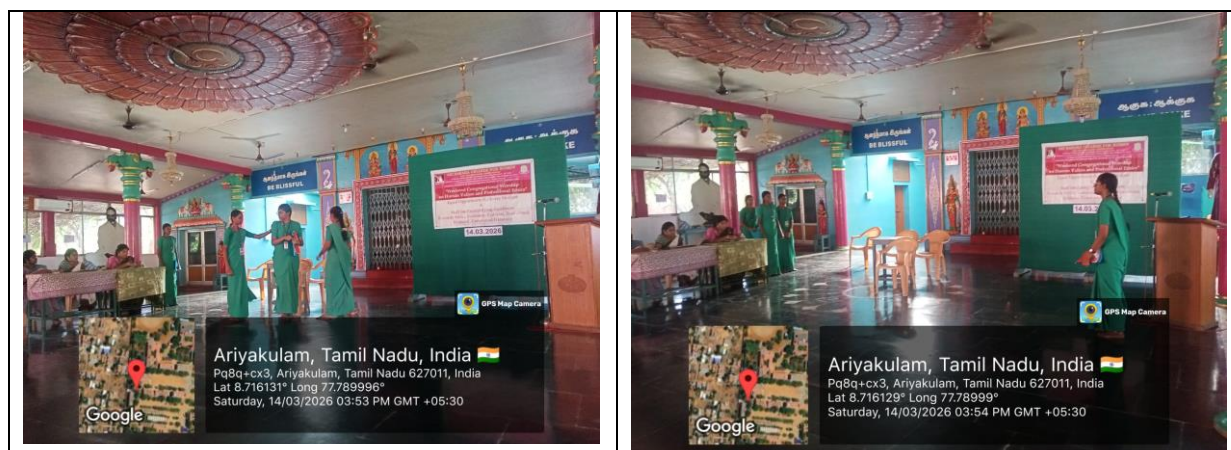
Anti-Drug Awareness Programme - 10.03.2026



Theme: Drugs steal your future, Stay away for a better life.

An Anti-Drug Awareness Programme was conducted on 10 March 2026 to educate students about the harmful effects of drug abuse and promote a healthy lifestyle. The programme was graced by Chief Guest Dr. M. Lalitha, who highlighted the dangers of drug addiction and its impact on health, academics, and relationships. She encouraged students to avoid peer pressure, develop positive habits, and spread awareness about drug prevention. Students actively participated and gained valuable insights into maintaining a drug-free life. Nearly 775 students actively participated in the programme. The programme concluded with a vote of thanks and successfully inspired students to lead a healthy and responsible life.

Anti-Drug Awareness Skit – 14.03.2026



Theme: Your future is bright and clear, Keep drugs nowhere near.

An Anti-Drug Awareness Skit was conducted on 14 March 2026 to create awareness among students about the harmful effects of drug abuse and to promote a healthy and drug-free lifestyle. The programme was organized by Dr. M. Lalitha with the objective of educating students through an engaging and impactful performance. The skit was performed by A. Pandi Esakki, S. Agalya Gayathri, M. Mathumitha, and S. Muthu Sankari from II BBA. The students effectively portrayed the negative consequences of drug addiction and highlighted its impact on physical health, mental well-being, academic performance, and relationships. The skit emphasized the importance of making responsible choices, avoiding peer pressure, and adopting healthy habits. The performance was informative and engaging, receiving appreciation from students and faculty members. Nearly 775 students actively participated in the programme. The programme successfully created awareness and motivated students to lead a healthy, disciplined, and drug-free life.

Anti-Drug Awareness Programme - 24.03.2026



Theme: A drug-free life is the best, Stay healthy and beat the rest.

An Anti-Drug Awareness Programme was organized on 24 March 2026 to educate students about the harmful effects of drug abuse and promote a healthy lifestyle. The programme was graced by Chief Guest Dr. S. Arumugu Selvi, who highlighted the dangers of drug addiction and its impact on individuals, families, and society. She encouraged students to develop good habits, avoid negative influences, and spread awareness about drug prevention. Students actively participated and gained valuable knowledge. Nearly 740 students actively participated in the programme. The programme concluded with a vote of thanks and successfully motivated students to lead a healthy, drug-free life.

Surprise Visit on Drug Abuse Prevention - 26.03.2026



Theme: Don't let drugs control you, Your life is in your hands.

A Surprise Visit on Drug Abuse Prevention was conducted on 26 March 2026 to create awareness about the harmful effects of drug abuse and promote a healthy lifestyle. The programme was graced by Chief Guest Dr. V. Sangeetha, who explained the dangers of drug addiction and its impact on health, academics, and society. She encouraged students to avoid negative influences, develop positive habits, and spread awareness. Students actively participated and gained valuable knowledge about drug abuse prevention. The programme concluded with a vote of thanks and successfully motivated students to lead a healthy and drug-free life.