



# Sri Sarada College for Women

(An Autonomous Institution)

(Reaccredited with "A" grade by NAAC)

Institution included u/s 2(f) and 12(B) of UGC

Affiliated to Manonmaniam Sundaranar University

(A branch of Sri Ramakrishna Tapovanam, Tirupparaithurai)

Ariyakulam, Tirunelveli Thoothukudi -High Road, Maharaja Nagar Post,

TIRUNELVELI- 627 011.

Website: srisaradacollege.org



## INTERNATIONAL YOGA DAY PROGRAMME

### Lecture Workshop on 'Practice of Yoga'

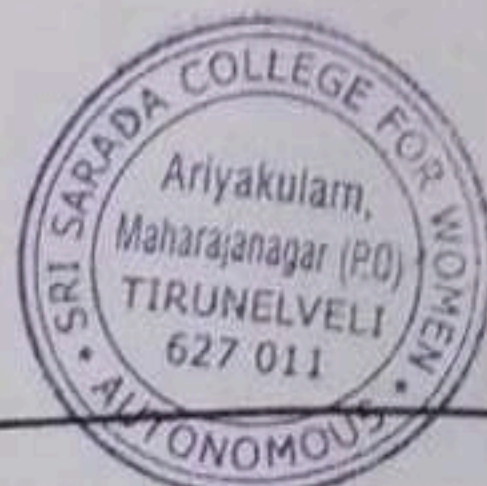
Date : 11.06.2022

Venue : Seminar Hall

Mode : Hybrid Mode



The Students of I, II and III B.Com and Faculty Members of Sri Sarada College for Women (Autonomous)-Tirunelveli-627011, have participated in the Online International Yoga Day programme by Arulnithi A.Nagarajan, President, Nellore Manavalakalai Mandram Trust, Senior Professor, World Community Service Centre, Senior Manager (Rtd) in Indian Overseas Bank, Tirunelveli on 11<sup>th</sup> June 2022 at 02.00 pm to 03.30 pm.



*Ramale*  
PRINCIPAL  
SRI SARADA COLLEGE FOR WOMEN  
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TIRUNELVELI - 627 011