V.RAJALAKSHMI

Residential Address

No: 1, Thiruvalluvar Street, Kokkirakulam

Tirunelveli 627009

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Mobile: 9944802190



EDUCATIONAL QUALIFICATIONS

 Currently Submitted my Ph. D thesis, under the guidance of Dr. R. Christina Jeya Nithila, Associate Professor in Xavier Institute of Business Administration, St. Xavier's College, (Autonomous), Palayamkottai.

Master Degree	MASTER OF BUSINESS ADMINISTRATION (2006-2008)				
College	Jaya Engineering College				
University	Anna University				
Specialization	HR and Marketing				
Class obtained	First class				
Degree	BACHELOR OF BUSINESS ADMINISTRATION (2003-2006)				
College	Sri Kanyaka Parameswari Arts and Science College				
University	University Of Madras				
Class obtained	First Class				
Class	12 th (2003)				
School	Sri Ram Dayal Khemka Vivekananda Vidyalaya				
Board	CBSE				
Class Obtained	First Class with Distinction				

Eligible for Assistant Professor - UGC - NET (MANAGEMENT)

Has Qualified University Grants Commission – National Eligibility test for Lectureship examination held on 24th Dec 2011 and result declared in June 2012.

JOB EXPERIENCE

Name of the College	Designation	Joining	Relieving	Experience	
Name of the Conege		Date	Date	Years	Months
Sri Sarada College for	Assistant				
Women, (Autonomous)	Professor	01.09.2022	Till Date	_	3
Tirunelveli					
XIBA, St. Xavier's	Full Time	19. 07.2019	19.07.2022		
College, (Autonomous)	Research			3	0
Palayamkottai	Scholar				
Sri Sarada College for	Assistant				
Women, Tirunelveli	Professor	18.06.2018	11.06.2019	1	0
women, Thunerven					
Francis Xavier	Assistant	04.07.2016	26.04.2018		
Engineering College,	Professor			1	9
Tirunelveli.					
Francis Xavier	Assistant	04.07.2011	19.04.2012		
Engineering College	Professor			0	9
Sri Kanyaka Parameswari	Lecturer	21.07.2009	31.05.2011		
Arts & Science College				1	10
for Women, Chennai					
Total Experience					7

RESEARCH WORK

- **Title of the Thesis:** Personal Lifestyle Management and its impact on Academic Life of Female Teachers in Arts and Science Colleges of Tirunelveli District. (Submitted on 19th July 2022 (Online Submission), and 25th July 2022 (Hard Copies Submitted to the university))
- Completed course work theory examinations and submitted mini project titled "Work Life Balance of PG Assistants in CBSE Schools in Tirunelveli City."

Classes Handled for both UG and PG Courses

- **≻** BBA
- ➤ BCA (Elective Papers)

- ➤ B.E (Mechanical, ECE and EEE) for Management Subjects.
- MA (HRM)
- ➤ MBA (HR and Marketing)

Attended Conferences and presented a research paper:

- Research paper titled "Work Life Balance of Women in Various Phases An Exploration with Cognitive Content in the recent era" in International Conference on Recent Trends in Multi-Disciplinary Research (ICRTMDR 2018) held at V. O. Chidambaram College, Thoothukudi on 19th and 20th April 2018.
- Research Paper titled "Changing Lifestyles and consumption patterns: A Scenario Analysis for India and Singapore" Presented in National Conference 2020 "Sustainable Development and Social Innovation in Business" on 31st January, 2020 at Lady Doak College, Madurai.
- Research Paper titled "Lifestyle of Women College Educators and its impact on their Career Development" Presented in National Conference 2020 "Sustainable Development and Social Innovation in Business" on 31st January, 2020 at Lady Doak College, Madurai.
- Research Paper titled "Impact of Individual and Work Ingredient on Work-Life Synergy of PG Assistants in CBSE Schools" in the International Virtual Conference on Industry 5.0 – Post Pandemic Transformation jointly organized by Department of Commerce (Shift II), Patrician College of Arts and Science, Chennai and Department of Commerce, St. Joseph's College of Commerce, Bengaluru on 18th August 2021.
- Presented a research paper titled Lifestyle Changes among Academicians in wake of Covid-19 in the one-day National conference on Exploring Opportunities in Commerce & Management – A Pragmatic Approach in the wake of Covid -19 organized by PG & Research Department of Commerce, St. Alphonse College of Arts & Science, Soosaipuram, Karinkal on 08th April 2022.
- Presented a paper entitled Educators' Psychological Lifestyle Management in Relation to their demographic profile in the two days International Virtual Conference on Digital Business Era – Opportunities & Challenges organized by School of Commerce, VET Institute of Arts and Science (Co-education) College, Thindal, Erode on April 20 & 21, 2022.

FDP/ SEMINAR PARTICIPATED:

- Participated in Two weeks Faculty Development Programme on "Entrepreneurship" sponsored by National Science and Technology Entrepreneurship Development Board (NSTEDB), Department of Science and Technology (DST), Govt. of India, New Delhi through Entrepreneurship Development Institute of India (EDII), Ahmedabad and organized by Entrepreneurship Development Cell of National Engineering College from 5th to 17th December 2016.
- Participated in the Anna University Sponsored Seven Days Faculty Development Training Programme on "Artificial Intelligence" at Francis Xavier Engineering College from 24-11-2017 to 30-11-2017.
- Participated in the "State Level Power Seminar on Advertising in Digital Era" on 6th
 September 2018, Organized by the Department of Business Administration, Wavoo Wajeeha Women's College, Kayalpatnam.
- Participated in the Short-Term Course "Self-Awareness and Higher Goals in Education" (SAHGE 2019) organized by Office of International and Alumni Relations and Teaching Learning Centre, Indian Institute of Technology, Madras.
- Participated in ICSSR Sponsored Two Week Capacity Building Programme for Young Social Science Faculty from 19th August 2019 to 30th August 2019 organized by Department of Management Studies, National Institute of Technology, Trichy.
- Attended an AICTE Sponsored Short Term Course "Research Methods in Organizational Behaviour and Human Resource Management." from 21st February 2022 to 26th February 2022 Organized by Indian Institute of Technology, Madras.
 - Participated in the faculty development programme on Research Methodology, Data Analysis & Case Writing held from 7th March 2022 to 11th March 2022 organized by Thiagarajar School of Management, Madurai.

Online Courses: Completed Online Courses in Coursera

- The Manager's Toolkit: A Practical guide to managing people at work from University of London and Birkbeck.
- Management Skills for International Business from University of London.
 Completed one-week short term course in Annamalai University
- Competitive Strategic Advantage in Management from Department of Business Administration, Faculty of Arts, Annamalai University (13.05.2020 to 19.05.2020)

Rajalakshmi Veerabathiran

List of Publications

1. V. Rajalakshmi and R. Christina Jeya Nithila, March 2022, "Journal of Management

& Entrepreneurship", Lifestyle Changes Among Academicians in wake of Covid'19,

UGC Care, Xavier Institute of Management & Entrepreneurship, Vol.16 No.1 (XII)

pp.76-79, ISSN :2229-5348

2. V. Rajalakshmi and R. Christina Jeya Nithila, June 2022, "Journal of Xi'an Shiyou

University, Natural Science Edition", A critical Assessment on Health and academic

wellness, Xi'an Petroleum Institute, Vol.18 Issue 6, pp.562-567, ISSN: 1673-064X.

3. V. Rajalakshmi and R. Christina Jeya Nithila, April 2022, "Educators Psychological

Lifestyle Management in Relation to their demographic profile", Narain Publications,

ISBN:978-93-72467-92-7.

Acted as a Resource Person

• On the Topic "Financial Aspects of SSI Unit including salient features of a Project

Report" in Entrepreneurship Awareness Camp Sponsored by Entrepreneurship

Institute of India (EDII), Ahmedabad under DST-NIMAT Project 2017-2018

organized by Department of Mechanical Engineering, Government College of

Engineering, Tirunelveli on 20.07.2017.

• On the Topic "TANCET AWARENESS PROGRAMME" in Sri Sarada College for

Women, Tirunelveli on 09.02.2018.

Personal Details

Husband's Name: Mr. S. Chandrasekar

Date of Birth: 20.11.1985

Sex: Female

Marital Status: Married

Place: Tirunelveli

Date: 30.11.2022 V.RAJALAKSHMI.

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