



**SRI SARADA COLLEGE FOR WOMEN (AUTONOMOUS)**  
Institution included u/s 2(f) and 12(B) of UGC,  
Reaccredited with "A" grade by NAAC&  
Affiliated to Manonmaniam Sundaranar University, Tirunelveli - 627012  
(A branch of Sri Ramakrishna Tapovanam, Tirupparaitturai), Thoothukudi NH,  
Ariyakulam village, Maharaja Nagar Post,  
TIRUNELVELI-627011, Tamilnadu, India



## 40<sup>th</sup> Annual Sports Meet

**Date: 24.12.2025 (Wednesday)**

**Time: 1.30p.m.-5.30p.m.**

**Venue: Kanthimathi Fore Ground**



The 40<sup>th</sup> Annual Sports Meet of Physical Education, Sports Science and Yoga of Sri Sarada College for Women(Autonomous) was celebrated with great enthusiasm, discipline, and sporting spirit on 24th December 2025 at the Kanthimathi Amman Foreground. The programme commenced with the universal prayer *Ohm Sahanavavathu* followed by *Tamil Thai Vazhthu* and prayer song. Welcome Address was given by Dr. N. Kamala, Principal, The parade commander's report showcased the meticulous planning and discipline of the participants. This was followed by an impressive March Past by athletes representing **PESSY, NCC, NSS, YRC, RRC, GCC, CCC** and **SSS**, reflecting unity, precision, and institutional pride. Sports day oath was taken by the athletes and students, administered by the College Chair-woman, pledging to uphold fairness, integrity, and dedication. The Sports Meet was formally declared open by the Chief Guest. Mass drill, Rhythmic Activities, Asanas, Pyramid, Kollattam, Silambam, Mime, Lezium and Dance were performed by UG & PG students. A special individual performance by Alumna Ms. S. Lakshmi (B.Com, 2016–2019) captivated the audience with dextral, sinistral, and bilateral swing skills. The Valedictory Session began with divine blessings of Yatiswari Thavapriya Amba. The Annual Report was presented by Smt. T. Nambiya @ Murugananthi, Assistant Directress of Physical Education, highlighting the year's achievements. Dr. M. Lalitha, Assistant Professor of English introduced the guest of honour. The sports day address was given by Dr. S. Arumugam, Assistant Professor & Director, Department of Physical Education and Sports, Manonmaniam Sundaranar University, inspired students to embrace sports as a lifelong pursuit. Selvi R. K. Akshaya, III B.Sc. Computer Science, delivered the vote of thanks, expressing gratitude to all who contributed to the grand success of the event. The programme concluded with the college song, shanthi prayer, and national anthem.

*Kamala*  
PRINCIPAL  
SRI SARADA COLLEGE FOR WOMEN  
(Autonomous)  
TIRUNELVELI - 627 011